



INTERNATIONAL SEMINAR ON  
ADVANCING SUSTAINABLE DEVELOPMENT  
GOALS: PROMOTING HEALTH,  
WELL-BEING AND GENDER EQUALITY

8<sup>th</sup> & 9<sup>th</sup> June, 2023

**THEME: HEALTH, WELL-BEING  
AND GENDER EQUALITY**



Organised by

Department of Psychology, Mizoram University  
in collaboration with  
Global Forum for Sustainable Development

## BACKGROUND

The United Nations' Sustainable Development Goals (SDGs) are a set of 17 global goals aimed at achieving a sustainable future for all. SDG 3 focuses on ensuring healthy lives and promoting wellbeing, while SDG 5 aims to achieve gender equality and empower all women and girls.

Achieving these goals requires collective efforts from various stakeholders including governments, civil society organizations, the private sector, and individuals.

## SUB THEMES OF THE SEMINAR

Physical Health and Well-Being  
Mental Health and Well-Being  
Culture and Well-Being  
Mental Health and Resilience  
Adolescent Mental Health  
Mental Health of Children  
Gender Equality and Equity  
Gender Equality in the workplace  
Gender and Culture  
Gender and Society  
Geriatric Psychology  
Life Skills  
Stress Management  
Positive Psychology  
Assertiveness and Self-Efficacy

Papers on the selected themes and sub-themes are invited for submission.

## ABOUT THE DEPARTMENT

The department of Psychology was established in 1983 under the erstwhile Mizoram Campus of North Eastern Hill University.

In the past, the department has had several senior members of the faculty who have richly contributed to its growth and development.

It now functions with four Professors, four Assistant Professor and one Guest Faculty.

The department presently conducts Post-Graduate and Ph.D. Programmes.

### CHIEF PATRON

The Hon'ble Vice chancellor, MZU

### PATRONS

Prof. Pravakar Rath, Former VC  
Prof. Zokaitluangi, Dean, SMPS  
Prof. Lalneihzovi, Dean, School of Social Sciences  
Prof. Zoengpari, Head, Department of Psychology

### ORGANIZING COMMITTEE

Convener: Prof. C. Lalfamkima Varte

### Members

Prof. H.K Laldinpuii Fente  
Dr. C. Lalfakzuali  
Dr. C. Zothanmawia  
Dr. Sabiha Alam Choudhury  
Dr. Thipparappu Rajesh  
Dr. Lucy Laltlanzovi  
Dr. Jayanta Choudhury, Founder and Secy. General, GFSRD

## Guidelines for submission:

1. The paper must be original and unpublished.
2. All submission must be in MS Word, font must be Times New Roman, size 12 with 1.5 line spacing. Citation must be in API format.
3. Abstracts must be submitted on or before 31st May, 2023 to *mzupsychologyseminar@gmail.com*
4. Submissions via email must include the title of the abstract, name as well as designation, address and contact number of the participant/participants.
5. Selected papers will be communicated to International refereed journals for publication.
6. Fees for the seminar are as follows:

Category	Early Bird registration (Before 15 <sup>th</sup> May, 2023)	Registration (After 15 <sup>th</sup> May, 2023)
Faculty	1000	2000
Research Scholars	750	1500
Students	250	500

Link for payment



afaki210@oksbi

Link for registration

<https://forms.gle/rbNmc1nMhCbC9oSP7>

For complete registration, payment receipt may be attached in the registration form.

For any enquiry, please contact:

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