

# Mizoram University

## UG/Bachelor's Degree Programme with Multiple Entry and Exit Options

Under the New Education Policy 2020

in

Education

First Semester

Semester	Course Code	Course Name	Components with Credits		Total credits
			Theory	Practical	
I	EDU/MJ/100	Psychological Foundations of Education	4	-	4
	EDU/MJ/101	Early Childhood Care and Education	4	-	4
	EDU/MN/102	<i>[To be chosen from an MJ course offered by other disciplines]</i>	4	-	4
		Introductory Course (Interdisciplinary)	3	-	3
	AEC/103	MIL/English I	3	-	3
	VAC/104	Understanding India	2	-	2
					<b>20</b>

# Psychological Foundations of Education

EDU/MJ/100

Credits: 4

## Unit 1 Educational Psychology and Development

- Meaning of Educational and Psychology; Meaning of Educational Psychology
- Implications of Educational Psychology in teaching and learning.
- Meaning and Principles of Growth and Development.
- Areas of development – Social, Emotional and Intellectual during childhood and adolescence period.

Piaget's Theory of Cognitive Development and its educational implications.

## Unit 2 Individual Differences and Mental Health

- Meaning and causes of individual differences.
- Implications of understanding individual differences for teaching/learning process.
- Mental Health and Hygiene; Concept, role of teachers.
- Characteristics of a mentally healthy individual.
- Adjustment and Maladjustment; Meaning and Adjustment Mechanism.

## Unit 3 Intelligence, Creativity and Learning

- Meaning of Intelligence.
- Theories of Intelligence; Spearman and Thurstone.
- Meaning of Creativity.
- Role of education in promoting creativity.
- Meaning of Learning.
- Factors affecting Learning.
- Theories: Pavlov and Skinner.

## Unit 4

- Personality
- Meaning and nature of Personality.
- Type approach to Personality.
- Trait approach to Personality.
- Assessment of Personality: Rorschach Ink-blot Test, Thematic Apperception Test.
- Factors affecting personality development.

## Suggested Readings

1. Mangal, S.K. (1985) *Educational Psychology*, New Delhi : Prakash Brothers.
2. Decece J.P. (1970) *The Psychology of Learning & Instruction* : Prentice Hall
3. Eysenck H.J. (1960) *The Structure of Personality*, Methuen.
4. Guilford J.P. (1977) *Fields of Psychology*, Van-Nostrand.
5. Hurlock E.B. (1972) *Child Development*, Mc Grow Hill.
6. Skinner C.E. (1970) *Educational Psychology*, Prentice Hall India.
7. Walla J.S. (1977) *Foundation of Educational Psychology*, Jalandhar Publishing.
8. Mangal S.K. (1993) *Advanced Educational Psychology*, New Delhi: Prentice Hall of India.
9. Sharma R.N. & Sharma R.K. (2006) *Advanced Educational Psychology*, New Delhi: Atlantic Publishers Distributors.
10. Walter S. Monroe Devors, J.C & Reegan, G.W. (2006) *Educational Psychology*, New Delhi: Cosmo Publication.

11. Roy, GK.S, Roy (2008) *A Textbook of Educational Psychology*. N. Delhi: Manglam Publishers and Distributors.
12. Charles E. Skinner (2008) *Essentials of Educational Psychology*, Delhi : Surjeet Publications.

# Early Childhood Care and Education

EDU/MJ/102

Credits: 4

- Unit 1 Perspectives on early Childhood Care and education (ECCE) in India.
- Concept and Objectives of Early Childhood Care and Education (ECCE)
  - Recommendations of National Policy on Education 1986 and Yash Pal Committee on ECCE.
  - Programmes and Services for children in early childhood period in India.
  - Role and functions of ICCW and CSWB in ECCE.
- Unit 2 Types of Early Childhood Care and Education Programmes/Centres.
- Nursery
  - Kindergarten
  - Montessori
  - Anganwadi
- Unit 3
- Starting an Early Childhood Care and Education Centre
  - General requirement for starting an ECCE centre : Premises/Locations; Physical facilities; Learning/play materials.
  - Personnel administration: Recruitment procedures; Maintenance of service record of teaching and non-teaching staff; New Pension Scheme for staff.
  - Financial administration: Bank loan facilities; Financial administration; Maintenance of simple cashbooks.
- Registration and Permission.
- Unit 4
- Programme Planning for ECCE Centre
  - Principles of programme planning.
  - Preparation of long-term planning
  - Preparation of theme-based short-term planning.
  - Preparation of play materials out of low-cost, no cost and waste materials.

## Suggested Readings

1. Aggarwal, J.C. (2009), Early Childhood Care and Education. New Delhi : Neha Publishers & Distributors.
2. Bhatnagar, R. (2005), Little Steps. New Delhi : National Council for Educational Research and Training
3. Kaul, V. (2010). Early Childhood Education Program. New Delhi : National Council for Educational Research and Training.
4. Mohanty, J., & Mohanty, B. (1994). Early Childhood Care and Education (ECCE). New Delhi : Deep & Deep Publications.
5. Muralidharan, R. & Banerji, U. (1969). A Guide for Nursery School Teachers. New Delhi : NCERT.
6. Pankajam. G. (2005). Pre-Primary Education : Philosophy and Practice. New Delhi : Concept Publishing Company.
7. Rao, V.K. (2004). Early Childhood Care and Education. New Delhi : Common Wealth Publications.
8. Shukla, R.P. (2008 reprint). Early Childhood Care and Education. New Delhi : Sarup and Sons.
9. Singh, B. (1997). Pre-school Education. New Delhi : APH Publications.